



**2020**

**300-HOURS YOGA TEACHERS TRAINING  
YIN YOGA**

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## 300 HOURS TTC COURSES

### MODULE TRAINING SYSTEM



<b>300 HOURS TEACHERS TRAINING COURSE 2020</b>	<b>TRAINERS</b>		<b>DATES</b>	<b>CONTACT HOURS</b>
100 HOURS YIN YOGA	JAMES (LEAD TRAINER)	60 HOURS YIN YOGA & TCM FUNDAMENTALS 40 HOURS ACU-YIN YOGA	3rd-12th AUGUST 2020	100 hours
100 HOURS SCOLIOSIS	JAMES (LEAD TRAINER/ MANUAL THERAPIST) DR.RAVI (PHYSIOTHERAPIST & MANUAL THERAPIST)		22nd-31st AUGUST 2020	100 hours
100 HOURS ADVANCED YOGA	JAMES (LEAD TRAINER)		10th-20th SEPTEMBER 2020	100 hours
a) Advanced Arm Balance		4 Days	10th-13th SEPTEMBER 2020	
b) Advanced Backbend		3 Days	14th-16th SEPTEMBER 2020	
c) Advanced Inversion		3 Days	18th-20th SEPTEMBER 2020	